



breakfast & lunch

2010
MAY
April

Prices

Breakfast is now free for students at all Superior Schools!

Adult Breakfast: \$1.75
 Student Lunch: \$1.60
 Reduced Lunch: \$0.25
 Adult Lunch: \$2.75
 Milk: \$0.50

All menus are subject to change due to availability of commodities. Skim milk served with all meals. One percent (1%) milk available.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>19 Scrambled Eggs & Ham, Whole-Grain Pop Tart, Juice</p> <hr/> <p>Cheesy Potato Soup w/ Ham, Garden Salad, Round PBJ</p>	<p>20 Cold Cereal, Yogurt Parfait, Juice</p> <hr/> <p>Cheeseburger on a Bun, Potato Wedges, Carrot Sticks</p>	<p>21 Cheese Stick, Toast, Fruit</p> <hr/> <p>Ham Sandwich on French Bread, Tomato Soup, Applesauce</p>	<p>22 Pancakes, Sausage, Juice</p> <hr/> <p>Spaghetti, Garlic Bread, Cooked Carrots, Salad</p>	<p>23 Hot or Cold Cereal, Mini Muffin, Bacon, Juice</p> <hr/> <p>Grilled Cheese Sandwich, Tomato Soup, Fruit Choice</p>
<p>26 Cold Cereal, Sunflower Seeds, Juice</p> <hr/> <p>Round PBJ, Cheese Stick, Multi-grain Snack, Pickle, Applesauce Cup</p>	<p>27 Hot or Cold Cereal, Cinnamon Toast, Fruit</p> <hr/> <p>Cheese Dunkers w/ Sauce, Pears, Ice Cream Treat</p>	<p>28 English Muffin, PB, Fresh Fruit Cup</p> <hr/> <p>Cold Turkey Sandwich on French Bread with Lettuce, Soup, Banana, Cracker, Ice Cream</p>	<p>29 Blueberry-Filled Pancake, Sausage, Juice</p> <hr/> <p>Tater Tot Hot Dish, Roll, Jello, Fresh Fruit</p>	<p>30 Egg McMuffin, Juice</p> <hr/> <p>Square Pizza (Sausage or Cheese), Salad, Carrots, Frosted Cake</p>
<p>3 Cold Cereal, Yogurt, Fruit</p> <hr/> <p>Breakfast At Lunch French Toast Sticks, Sausage, Tater Tots, OJ</p>	<p>4 PBJ, Juice</p> <hr/> <p>Chili or Homemade Turkey Noodle Soup, Bread Stick, Carrots & Dip, Fruit</p>	<p>5 Cold Cereal, Toast, Juice</p> <hr/> <p>Chicken Burger on a Bun, Potato Wedges, Fruit</p>	<p>6 Mini Pancakes, Yogurt, Juice</p> <hr/> <p>Cheeseburger, Garden Salad, Fruit, Pudding</p>	<p>7 Scrambled Eggs w/ Ham, Toast, Juice</p> <hr/> <p>Chicken Nuggets, Mashed Potatoes & Gravy, Corn</p>
<p>10 Cottage Cheese & Peaches, Chex Mix, Juice</p> <hr/> <p>Round Pizza, Carrots, Fruit Salad w/ Topping</p>	<p>11 Cheese Omelet, Bacon, Toast, Juice</p> <hr/> <p>Tacos, Corn, Ice Cream Treat</p>	<p>12 Warm Cinnamon Roll, Applesauce</p> <hr/> <p>Meatballs, Noodles & Gravy, Dinner Roll, Fresh Veggies, Fruit</p>	<p>13 Warm Breakfast Pastry, Bacon, Fruit</p> <hr/> <p>Scrambled Eggs & Ham, Mini Muffin, Fruit, Juice</p>	<p>14 Bagel & Cream Cheese, Banana</p> <hr/> <p>Chicken and Gravy over Mashed Potatoes, Carrots, Roll, Pudding Pop</p>
<p>17 Cold Cereal, Yogurt, Juice</p> <hr/> <p>Italian Ravioli Bake w/ Cheese Stick, Fruit, Corn</p>	<p>18 Egg Bake w/ Ham, Fruit</p> <hr/> <p>Mini Corn Dogs, Salad, Apple Dessert w/ Walnuts</p>	<p>19 Hard-Cooked Egg, Toast, Fruit</p> <hr/> <p>Cheeseburger on a Bun, Tater Tots, Fruit</p>	<p>20 Sunflower Seeds, Muffin, Juice</p> <hr/> <p>Scoopy Joes, or Sloppy Joes, Pickle, Fresh Fruit</p>	<p>21 Hot or Cold Cereal, Toast, String Cheese</p> <hr/> <p>Sausage McMuffin, Hash Browns, Fresh Fruit</p>